

Chriss Sather

Princeton, British Columbia, Canada



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Summary

My current focus is on Web Design, Vector Design, Sign Creation, Cut Graphics/ Auto Decals. Drawing and Painting. I must not forget STUDY one of my online courses that I've registered with Udemy. (I'm back in the workshop and will be spending some time with my trades tools.) Advertising the Online Business- Hosting and Domain Registrations.

Experience



Chriss Sather Designer

Kathouz Publishing

Jun 2016 - Present (4 years 11 months +)

Chriss Sather Designer

<https://christinasather.ca>



PrincetonStar Studio

Kathouz Publishing

Jun 2016 - Present (4 years 11 months +)

Remote Work- Hosting and Domain Names Reseller

PrincetonStar Studio whom is partnered with LiquidNet Inc, a UK owned company with offices in UK and USA. Servers located around the world.



Marketing Graphic Designer

Kathouz Publishing

Jan 1999 - Present (22 years 4 months +)

Creating promotional products and marketing materials for clients, order fulfillment, production, outsourcing and delivery. Projects include Illustration, Layout, Web Design, Vector Design, Print Publishing, 2D Vinyl Graphics- Cut and Peel, Sign Making, Card Making, Book Making, Fabric Design, Painting, General Painting, Wall Mural Design.



Nordic Granny Productions

Kathouz Publishing

Nov 2020 - Mar 2021 (5 months)

Production and Post production.



Production and Post Production

Kathouz Publishing

Aug 2016 - Mar 2021 (4 years 8 months)

Self-Published Illustrator- Princeton Car Show

Publish Date Aug 14, 2016

Language English

Princeton Car Show- Original Classic Cars Coloring Book

<https://www.blurb.ca/b/7286328-princeton-car-show>

Primary Category: Arts & Photography Books

Project Option: 8×10 in, 20×25 cm

of Pages: 76

ISBN Softcover: 9781367355224

Princeton Car Show Economy Version

<https://www.blurb.ca/b/7286024-princeton-car-show-economy-version>

Primary Category: Arts & Photography Books

Project Option: 8×10 in, 20×25 cm

of Pages: 76

ISBN Softcover: 9781367356061

Princeton Car Show is a Fine Art Collector Cars Illustrated Coloring Book.

<https://www.blurb.ca/b/7285423>

Primary Category: Fine Art

Project Option: Standard Portrait, 8×10 in, 20×25 cm

of Pages: 74

ISBN Softcover: 9781367357419



Nutritionist/ Kitchen & Diningroom Manager

Princeton and District Community Services

Oct 2005 - Mar 2015 (9 years 6 months)

Working in the Princeton & District Community Services was a wonderful experience for me overall.

I worked closely with the rest of the management team to ensure that the entire organization ran effectively within the guidelines of policies that were put in place by contributing partners and board members. The kitchen and dining-room operated with an upbeat positive atmosphere that promoted staff to be involved with decision process and were encouraged to take the "I CAN DO" approach to any type of creativity while performing their duties and were encouraged to be involved with the residents anytime that presented an opportunity.

My job required working closely with the Dietitian, Home Support Nurse, Executive Director, Adult Day Center Coordinator and the Home Support and Kitchen Teams; we achieved a great place for our Independent Care Residents and enhanced their day to day lives. Our kitchen provided Meals-on-Wheels to the clients in the community, cooked for special events, planning and cooking banquet meals for large parties; as well as prepare and serve regular early day and evening meals for residents. My job was to control all aspects of running the kitchen, creating new forms and procedures as needed, training senior staff to train other new staff, arrange and head in-service orientation meetings, oversee budgeting and scheduling and the entire operation in our department. I assisted fellow employees with their work when needed and was head chef.



Chef, Supervisor, Manager, Start-ups

Management Consultant Food and Beverage

Jun 1983 - Oct 2005 (22 years 5 months)

I have worked closely with top management in different organizations; to assist with the fulfillment of milestones for the company in the areas of menu development, staff training and orientation methodology, administrative business systems and forms development, motivational incentive ideas to help increase productivity of staff performance, budget, managing suppliers and products incoming, functional organization of work areas, health & safety procedures for proper food handling, decorating and banquet events and large outdoor tournament meal preparation.



Critical Care Nurse Aide

Royal Columbian Hospital

Aug 1981 - Sep 1986 (5 years 2 months)

Operating Room, Case Room, Sterile Corridor, Anesthetic Aide, Isolation Ward and ICU

Education



Douglas College

Certificate, Professional Business Practices for Artists and Designers

1995 - 1995

Creative Business Practices for Artists and Designers



Trebas Institute Vancouver

Certificate Diploma, Audio-Video, Production and Post Production, Multimedia, Business Management

1998 - 2000

New Media Development,

Pre and Post Production for Film and Television

Audio Theory, Business Management

I went to school in Vancouver BC (no longer exists)



Udemy Alumni

Diploma, Arts Therapy: Therapeutic Art for Self Healing (Part One)

2020 - 2020



Udemy Alumni

Diploma, Arts Therapy- Therapeutic Art Self Exploration and Self Healing (Part Two)

2020 - 2020

Art Therapy : Therapeutic Art and The Healing Process of Therapeutic Art For Self Expression and Self Healing



American Hotel and Motel Association

Diploma, Food and Beverage Management

1993 - 1994

"Area of Specialization" in Food and Beverage Management

Canadian Sanitation Certification

Licenses & Certifications

-  **Workplace Emergency Planning for Workers/Persons with Disabilities - BC**
Coalition of People with Disabilities, Princeton & District Community Services
Strategic Inclusive Training for Emergencies

-  **Food and Beverage Management - American Hotel and Motel Association, Industry Canada, Tips Career College**
Area of Specialization

-  **Canadian Sanitation, Food-Safe Level 1 and 2 - BC, Industry Canada**

-  **Film & Television Production, Post Production and New Media Development- 2 of 3 semesters - Trebas Institute Vancouver, Industry Canada**
Professional Training

-  **Desktop Publishing - ICS**
Publishing Professional

-  **Professional Practises for Artists & Designers - Douglas College, Emily Carr School of Art, Coquitlam Arts Council, Open Learning Institute, Industry Canada**
Creative Professional in Business

-  **Introduction to Psychology - UCI**
Social, Behavioral, Environmental, Cognitive and Developmental

-  **CPR, Occupational 1st Aid - BC, every year for 5 years- now expired**
Issued 1981 - Expires 1986

Skills

Publishing • Photography • Social Media • Art • Facebook • Management • Social Networking • Graphic Design • Social Media Marketing • Writing